

## AFTERNOON TEA AT THE GROSVENOR

### TREGOTHNAN CORNISH TEA SELECTION

English Breakfast | Earl Grey | Green Tea | Lemon Verbena Peppermint | Red Berry | Chamomile

#### **SANDWICHES**

Smoked trout, crushed avocado, rye bread Ham & wholegrain mustard, seeded roll Beetroot falafel wrap

#### **SAVOURY TREAT**

Chicken tikka, mango chutney roll

## **SWEET TREATS**

Macarons Red velvet cheesecake Coconut & mango mousse cake Autumn fruit tart Black forest gâteau

#### **SCONES**

All butter | Raisin Strawberry jam & clotted cream

## £35 per person

Or enjoy with a glass of Coates & Seely English Sparkling Wine £45.00

Please inform your server of any food allergies ahead of placing your order A 12.5% discretionary service charge will be added to your bill



# "There are few hours in life more agreeable than the hour dedicated to the ceremony known as afternoon tea."

Henry James

Afternoon tea, that most quintessential of English customs is, perhaps surprisingly, a relatively new tradition. Whilst the custom of drinking tea dates back to the third millennium BC in China and was popularised in England during the 1660s by King Charles II and his wife the Portuguese Infanta Catherine de Braganza, it was not until the mid 19th century that the concept of 'afternoon tea' first appeared.

Afternoon tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840. The Duchess would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner. The Duchess asked that a tray of tea, bread and butter (some time earlier, the <a href="Earl of Sandwich">Earl of Sandwich</a> had had the idea of putting a filling between two slices of bread) and cake be brought to her room during the late afternoon. This became a habit of hers and she began inviting friends to join her.

This pause for tea became a fashionable social event. During the 1880's upper-class and society women would change into long gowns, gloves and hats for their afternoon tea which was usually served in the drawing room between four and five o'clock.

Today our afternoon tea at The Grosvenor is served between three and five o'clock in our very own drawing room The Danebury Lounge or alternatively in the River Room, 1822 bar or terrace and we look forward to your afternoon relaxing with us and friends.

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